

# The Factors That Influence Sexual Before Married Behavior Among Adolescent At SMPN V Mimika

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**Abstract - Unhealthy sexual behavior among teenagers, especially unmarried teenagers tend to increase. This is evident from some research results that show that the age of adolescents when first active intercourse varies between the ages of 14-23 years and the most age is between 17-18 years. The aim of this research was to Determine the Factors Affecting Sexual Behavior of Adolescents in SMPN V Mimika Regency.**

*This research uses descriptive qualitative research type. The population in this study were all students in class VIII SMP Negeri V Kabupaten Mimika which amounted to 165 students using this research technique using purposive sampling and snowball sampling technique. This research was conducted on 23-30 April 2018. The variables studied are the factors that influence the sexual behavior of adolescent marriage. Data collection using Interview. While data analysis is done by data collection, data reduction, data presentation and conclusion.*

*Result of research indicate that at Knowledge factor, Most informants have good knowledge. Factor Attitudes, informants have attitudes that lead to negative behavior, religious understanding of most of the good understanding of religion, on peer influencing factors, Peers affect the incidence of premarital sex, on the biological drive factor, half of the respondents said biological encouragement to make the informant go to the place of the bar / localization, on the roles of the family, most of the informants claimed less attention by the family, and on the variable information, premarital sex information obtained from TV, internet and places of worship.*

**Keywords: premarital sexual behaviour, Adolescent junior high school.**

## 1. INTRODUCTION

Adolescence is a special period and very important because it is the period of maturation of human reproductive organs and often also called puberty. In adolescence there is rapid physical changes that are not balanced with psychological changes (Intan and Iwan 2012, p.14). Adolescent understanding of reproductive health is a provision for adolescents to behave healthily and responsibly, but not all adolescents are well informed about reproductive health. This is what brings teenagers in the assumption that the behavior that leads to premarital sex is commonly done teenagers at this time. Such an assumption will affect the attitudes and behaviors that are at risk to adolescents (Intan and Iwan 2012, p. 12).

Unhealthy sexual behavior among teenagers, especially unmarried teenagers tend to increase. This is evident from some research results that show that the age of adolescents when first active intercourse varies between the ages of 14-23 years and the most ages are between 17-18 years (Fuad, et al., 2003). Sexual behavior in adolescents can be manifested in a variety of behaviors, ranging from feelings of interest, dating, holding hands, kissing the cheeks, hugging, kissing the lips, holding the breast over the shirt, holding the breast behind the shirt, holding the genitals in over the clothes, holding the genitals under the shirt, and performing intercourse (Sarwono, 2003).

The National Survey conducted by the National Risk Behavior Survey (YRBS) nationally in the United States in 2006 found that 47.8% of the students in grades 9-12 had premarital sex, 35% of high school students were sexually active (Damanik, 2012 in the Journal of Health Sciences, 2013). From the data that can be based on the results of research conducted by Australian National University (ANU) in Jakarta, Tangerang and Bekasi in 2010 to 3,006 adolescent respondents showed that 20.9% of them have been pregnant and gave birth before marriage (Rahima 2013, h .3). Increasing premarital sex behavior resulted in pregnancy in adolescents increasing, this is seen in Indonesia data from Indonesia Demographic and Health Survey 2012, the number of adolescents aged 15-19 years who have given birth or are pregnant increased to 9.5%. While in the SDKI 2007 the figure is only 8.5% (Syaddad 2013, h.5).

Mimika Regency in 2017 numbered 64 cases. While in 2016 there are 48 cases. This shows an increase in cases from year to year in Mimika district. And most of the cases are caused by misbehavior sexual behavior including premarital sex (BPPKB, 2017).

Based on teacher data SMPN V Mimika counseling, almost every year found cases of pregnancy outside marriage, in 2015 Found 9 cases, in 2016 found 12 cases, and in 2017 occurred 16 Cases of the total number of schoolgirls class 7-9, this there is an increase in cases of pregnancy out of wedlock in every year. According to Green (2003), one's behavior is influenced by three factors, namely predisposing factors, supporting factors, and

driving factors. The results of Soetjningsih (2006) showed that factors influencing premarital sex behavior are the relationship of parents, negative peer pressure, understanding of religion level (religiosity), and exposure of pornographic media have a significant influence, either directly or indirectly premarital sexual behavior of adolescents. Environmental factors that affect premarital sex behavior in adolescents include family factors. Teenagers who have had sexual intercourse before marriage are mostly from divorced or divorced families, families with multiple conflicts and divisions (Kinnaird, 2003). The relationship of adolescent parents, has direct and indirect influence with premarital sexual behavior of adolescents. The results of research conducted Soetjningsih (2006) showed, the better the relationship of parents with their teenage children, the lower the premarital sexual behavior of adolescents. Factors affecting premarital sexual behavior in adolescents are highest among parents and adolescents, peer pressure, religious level understanding (religiosity), and exposure to pornographic media.

Based on the results of Idayanti (2002) research can be concluded that there is a very significant negative relationship between religiosity and sexual behavior of adolescents who are dating, where the higher the religiosity the lower the sexual behavior, and vice versa. Other factors affecting premarital sex behavior of adolescents are environmental factors such as VCDs, books, and pornographic films (Taufik, 2005). According Rohmahwati (2008) exposure to mass media, whether print (newspapers, magazines, pornographic books) or electronics (TV, VCD, Internet), have direct and indirect influence on teenagers to have premarital sexual intercourse. The importance of knowledge about reproductive health, adolescents need to get enough information, can be through mass media, counseling, or seminars on reproductive health, so as to know the things that should be done and avoided. By knowing about adolescent reproductive health properly,

teenagers can avoid the negative things that might be done by teenagers who do not have enough knowledge about reproductive health. Based on the above background, researchers are interested to examine Factors Affecting Sexual Behavior of Adolescents in SMPN V Mimika Regency

## 2. RESEARCH METHODS

The type of this research is qualitative descriptive research. This research was conducted on 23 - 30 April 2018. The population in this study were all students in class VIII SMP Negeri V Kabupaten Mimika which amounted to 165 students. This research use purposive sampling technique with sample which is taken informant student and student of Class VIII SMPN V Mimika. the source of data is human as informant, written source, place source and event. Informants consisted of 4 key informants and 1 person as supporting informant, principal. Data collection techniques used observation and in-depth interviews. In this research the validity of data used is triangulation technique. Data analysis starts from data collection, data reduction, data presentation and conclusion. Stages performed in the research, among others, the first with pre-field stages, where this stage is done early observation, preparing observation guides, interview guides and model interview. Secondly, the stage of entering the field, in this stage the researchers consult with the parties who can provide information about the ready-only figures who can act as key informants. In this case data obtained and collected through observation, interview and documentation can be done more easily. The third is the post-field work stages, where all data obtained during the field is collected and the processing begins from editing the interview, observation, then clarifying, reducing the data so that arranged in groups that function to determine or can define a category.

## 3. RESULT AND DISCUSSION

### 3.1 INFORMAN CHARACTERISTICS

Table 1 Description of informants in the study

NO	INFORMAN	UMUR	JENIS KELAMIN	SUKU	AGAMA
1	Informan 1	12 Tahun	Perempuan	Jawa	Islam
2	Informan 2	13 Tahun	Perempuan	Papua	Kristen Protestan
3	Informan 3	13 Tahun	Laki-laki	Kei	Kristen Protestan
4	Informan 4	13 Tahun	Laki-laki	Papua	Kristen Katolik
5	Informan 5	57 Tahun	Laki-laki	Toraja	Kristen Protestan

From table 1, the characteristics of informants can be explained as follows, the average informant is between the ages of 12-13 years, where the informants are gender male 3 and 2 female. Judging from the tribe of half of the original ethnic informants sons of papua and a small part of the tribe, Toraja and Java, while viewed from the religion of some Christian informants and a small part of Islam.

### 3.2 Factor of knowledge about premarital sex

Table 2. Results of in-depth interviews on 4 informants about knowledge about adolescents

No	Informant	Answers
1	Informant 1	According to what I know on TV,

		premarital sex is an unmarried relationship that is not legal and should not be done as sex school children do
2	Informant 2	In my opinion, premarital sex is a forbidden relationship and a sure sex pre marriage may be done because it makes pregnant women
3	Informant 3	I do not know, because never heard of
4	Informant 4	I think premarital sex do touch the body without marriage, often in love at the time of worship in the church but not heard good, essentially do the relationship before there is a legally wedlock

		too, it was already long, I forced girlfriend, if hand grip yes sometimes we go to school together, if genital toys not, if my boyfriend grope my breast never too but not until if the relationship. Never been invited but I was. I think the courtship may / only if not to the relationship, afraid of pregnancy
3	Informant 3	I ever dating but forget how many times, if start courting begin grade 7, dating at school, and at home, watching adult movies ever with friend ever, alone also ever, if kisses cheek often, hug also, lip kiss ever, if groping boyfriend my breast, had a 2x relationship at home boyfriend again so go to the girlfriend my house or sometimes I play alone with mine. According to the courtship it is okay

From the table above, most informants understand and understand about premarital sex, but a small part of the informant does not understand about premarital sex pre-reading because never heard information about premarital sex. the opinion of the headmaster SMPN V Mimika Regency currently information about premarital sex is still rarely given in school

3.3 Attitudinal factors toward premarital sex behavior

Table 3. Results of in-depth interviews on 4 informants about attitude against premarital sex

No	Informant	Answer
1	Informant 1	I am currently dating with me have a classmate, usually dating at school course, start this new class 8, because just 2 monthly, if watching adult movie never, for fear of sin, kiss the fore once 1x, if kiss the lips never, no handrails yes either, if no hugs, if held or touched my girlfriend not even, I never toys genitals or that people say masturbation, if I do not have intercourse. I think the courtship may not be too
2	Informant 2	Sa dating often, like with school friends also never, 4x with my boyfriend is the last, dating from 6th grade elementary school, if dating sometimes at school, friend's house, adult movies ever also but together friend, if the kiss on the cheek often, the hug ever, the kiss of the lips ever

4	Informant 4	I dating 2x with 1x classmates with 1x class sister, going out from class 7, going out at school, and at church, I have a boyfriend happened to be a church, watching adult movies, but also with friends at home, if the kisses cheek often, hugs same boyfriend ever, kiss the lips ever but i forget how many times, if hand grips yes too, if grope girlfriend ever but not often, when I have intercourse never. If I think the courtship is natural
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From the table above, it shows that the whole informant is or is dating, all the usual informant is dating in school and a small number of dating informers in church or at friend's house, while in watching adult film, almost all informants have watched adult film either with friends or own while a small percentage never watch adult movies. All the informants claimed to have held hands, and kissed the forehead, but to kiss the lips only a large part whereas a small number of informants never if viewed from groping the sensitive parts most informants have done and a small informant for masturbation / masturbation some informants say never just a small part of the informant who ever, to have sexual intercourse most of the respondents never had sexual intercourse even though forced by a girlfriend, but a small part of the informant had been having sex outside the marriage. As for the opinion of the principal of SMPN V of Mimika Regency, that the principal admits that every year there are always students who drop out due to the impact of

premarital sex, and the incidence of pregnancy out of wedlock increases in each year.

### 3.4 Religious-level Understanding Factor

Table 4 results of in-depth interviews of 4 informants on understanding the level of religion

No	Informan	Answer
1	Informan 1	In religion not allowed to do marital relationship because of sin, premarital sex from religion baseball allowed because it is not legitimate also important diligent diligently just worship and do not mix with men, hear the same old man
2	Informan 2	In religion should not be free sex because the religion is forbidden because if for example we want so so must be legit first could not directly direct must be husband and wife first
3	Informan 3	I do not understand also, because I rarely also worship in the church, sa pu church far away from my house
4	Informan 4	sa pernah dengar di gereja dijelaskan kalau kita belum menikah belum boleh melakukan hubungan badan diluar nikah karena dosa besar, nanti anak orang bisa hamil dan bisa putus sekolah

From the table above, most informants agree that premarital sex is not allowed by religion and know the consequences of premarital sex while some informants say they do not understand because they rarely worship. Opinions from the Principal SMPN V Mimika District, activities such as worship together or it leads to religious activities or religious speeches almost never done.

### 3.4 Peer influence factors

Table 5 results of in-depth interviews on 4 informants on peer influence

No	Informan	Answer
1	Informan 1	If I think we should be smart to choose a friend, because the father and mama said that if one gets along will not be good, the ideals can not be a lazy child and value down, if invited friends to go home the night

		so never. Taking place like a bar also never
2	Informan 2	If I make a friends with anyone that is important dong can make me malicious and always there I need, so we many friends too, so many who help so, if invited friends go street fitting night only my papa because tomorrow holiday school, invited to the bar ever 1x only
3	Informan 3	I make friends with anyone as long as comfortable, if coming home often night with our regular friends hanging out in <i>angkringan</i> until midnight sometimes friends take suction glue fox.
4	Informan 4	I make friends also select friends, the important make kind of body, invite strange weird I want it, if invited to go home night also not important first permit to father mama, if take to the bar or to km 10 ever

From the table above, most informants do not choose to choose a friend in hanging out, and usually often come home late at night but a small number of informants choose friends to hang out and never come home late. the opinion of the Headmaster said that the influence of friends felt influential because during this case found that the children affected by the case in the sense of being handled by the teacher BK because of their juvenile delinquency is a friend sex genk that if always together.

### 3.4 Biological factors of encouragement

Table 6. Interviews of 4 informants on biological impulse

No	Informan	Answer
1	Informan 1	I never go to bars or nightclubs like dolphins or Losari, have been to 10 miles but do not go to such a place but just pass it
2	Informan 2	If you go to the bar once 1x only, that time my friend invites to go to losari but there only drink coca cola just run it home because I never resistance cigarette smell
3	Informan 3	If in the bar kind of losari never, but if at km 10 I have 2x ever, friend invite, there I met aunt and have paid 150 thousand to play with <i>mba mba</i> in there, if now never again, because

I have boyfriend		
4	Informan 4	In the bar never, if to place km 10, ever but just passing it, my family there so be aunt who have kiosk

From the table above, half of the respondents said they never went to a bar or localization place and half of the informants had been to the bar / place according to the opinion of the principal SMPN V Mimika Regency during this case the most widely encountered is found BF video in student hp on when there is a sudden school confiscation but after doing this research the new school knows if there are students who have gone to WTS localization and have premarital sex in the place.

### 3.4 Factors Family role

Table 7. Results of in-depth interviews on family roles to 4 informants about family roles

No	Informan	Answer
1	Informan 1	If I am from whole family, mama, father is there and mama father always control when going night always called home quickly exhausted must already have at home
2	Informan 2	If father and mama divorced, father, marriage again, mama married again, now I join the father sometimes asked, sometimes not, depending on who I go
3	Informan 3	If father and mama are separated from grade 6, so now come mama with stepfather, so it's up to me mo make what
4	Informan 4	If you do not exist, so you are the same father continued, usually go but the permit also but still in search sometimes also not

From the table above, half of the respondents said they came from broken home and divorced families, while a small proportion of respondents admitted to intact families and parents were always in control and attention when she left with friends. According to the principal is so far the case concerning juvenile delinquency or the impact of premarital sex occurs in students or students who have a family background divorced or broken home so that the lack of control of parents in children so juvenile delinquency often occur.

### 3.4 Factors Sources of information about premarital sex

Table 4.7 results of in-depth interviews on information sources

No	Informan	Answer
1	Informan 1	I know about premarital sex from PILA organization, so PILA it from YAPPEDA from AIDS commission continues to continue YAPPEDA continue that makes the leader YAPPEDA is what most of the many teenagers who have sex pre marriage then make PILA for young children know if this is what keeping reproductive health is important and not pre-marital sex, so sex information about pre marriage is important
2	Informan 2	I've heard the info on TV, internet the same lecture in church, I think that information is important also let us keep ourselves so
3	Informan 3	Do not understand, never too, I do not know also, because never heard so
4	Informan 4	If I have ever heard from a church lecture but it has been a long time since I've forgotten, I think it's important too

From the table above, most have been informed about premarital sex and said the information is important and only a small part of the informants who say it is not important because they do not know premarital sex is what. The principal says that pre-marital sex information is obtained from students mostly from outside the school, such as organizations, church lectures or television and internet media, so that the headmaster's principal will work with BK teachers will more often provide information on the impact of Premarital Sex.

## 4. DISCUSSION

### 4.1 Knowledge factors

In this study, most informants understand and understand about premarital sex, premarital sex is done before a legitimate marriage bond. However, a small percentage of informants did not understand about premarital sex pre-reading because they never heard information about premarital sex. knowledge about premarital sex should be given early to prevent premarital sex behavior that is bad for the future of adolescents. According to Syafrudin (2008), half knowledge is more dangerous than not knowing at all.

### 4.2 Attitudinal factors

In this study, the result shows that all informants have been or are dating whole ordinary informant in school and a few informant dating in church or at friend's house while in watching adult film, almost all informants have watched adult film either with friends or own while some small never watch adult movies. All informants claimed to have held hands, and kissed forehead, but to kiss the lips only a large part whereas a small number of informants never, when viewed from groping sensitive parts most informants have done and a small part not for masturbation / masturbation some informants say never only a small part of the informant who ever to have sexual intercourse most of the respondents never had sexual intercourse even though forced by a girlfriend but a small number of informants have had sex outside of marriage Which means the attitude of informants tend to be negative because most have led to premarital sex such as dating, kissing, hugging, holding the slipper area of the girlfriend even until there is a relationship with the boyfriend. attitude is a certain order in terms of feeling (affection), thinking (cognition), and predisposing a person's actions (conation) to one aspect in the surrounding environment ", as well as the theory put forward by LaPierre (in Azwar, 2012).

#### 4.3 Religious level understanding factor

In this study obtained the results that most informants agree that premarital sex is not allowed by religion and know the consequences of premarital sex while a few informants say not understand because it rarely worship. According to researchers the understanding of religion on premarital sexual behavior is very important because religion is the main bulwark or basic teachings to do good and bad. A good religious understanding will foster good behavior. Adolescents need good problem-solving skills, so adolescents are able to solve their problems effectively. Parents need to provide material stock, intellectual form of formal education, as well as spiritual provision in the form of religious education for adolescents.

#### 4.4 Peer factors

According to research that has been done most informants do not choose choosing friends in hang out, and usually often come home late at night but a few informants choose friends to get along and never go home night from premarital sex for choosing the wrong friend. This is in accordance with the theory put forward by (Dewi, 2012) who argues that peers are a reinforcing factor against the formation of adolescent behavior, including sexual behavior.

#### 4.5 Sexually motivated factors

In this study showed that half of the respondents said they never went to a bar or localization place and half of the informants had been to the bar location One of the things that make teenagers have high sex drive is coming from

themselves. Curiosity and curiosity it is natural to appear in every teenager. But unfortunately, the following curiosity is channeled in the wrong way, which is channeled with deviant sexual behavior. Hormonal changes that increase adolescent sexual desire.

#### 4.6 Family role factors

In this study, showed half of the respondents said they came from broken home and divorced families, while a small proportion of respondents admitted to intact families. Parents can build relationships and support systems as teenagers explore a wider and more complex social world. Harmonious parent relationships will foster an optimum emotional life against the development of teenage personalities and vice versa, parents who often quarrel will hamper communication within the family, and teenagers will run away from the family. Incomplete families such as divorce, death, and families with less economic circumstances can affect the development of teenage psyche.

#### 4.7 Factors of information sources

In this study, most have been informed about premarital sex through organizations, TVs and places of worship but a small proportion of informants who say it is not important because they do not know premarital sex is what. Teenagers often feel that their parents refuse to talk about reproductive health issues so they then look for alternative sources of information such as friends or mass media (Syafrudin, 2008).

### 5. CONCLUSION

From knowledge factor most of informant knowledge is good, only a small part of informant who do not understand about premarital sex preface but their knowledge can still be minimal, from attitude factor, attitude of informant tend to negative because most have lead to premarital sex like dating, kissing, hugging, holding the boyfriend's area even until there is a relationship with the boyfriend. From the factor of understanding the level of religion Most of the understanding of religious level of the informant is good. Only a small number of informants who say do not understand because rarely worship of the Peer Influence Factor Peers are very influential on premarital sex prejudice because in the case of teenage wear, adolescent cases involved is the same with genk unit of Sexual Impulse Factors Sexual influences affect the incidence of premarital sex , from family factors From the research results of premarital sex occurrence usually background of broken home family or divorce from Factor of Information Most informant never get information about premarital sex from organizations like YAPPEDA, TV, Internet and places of worship only a small part of informants who say do not know premarital sex is what. It is expected that health workers can collaborate with BPPKB (Women's

Empowerment and Family Planning Agency) to provide periodically correct information for the community, especially teenagers through counseling to schools once every month relating to adolescent reproductive health and the impact of premarital sex so as to enhance adolescent knowledge and impact on healthy behavior and in line with expectations to create a smart and responsible generation of health.

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